

## Newsletter April 2023

## **Spring Update**

- Enrych has taken part in two events this year helping to promote awareness of the charity within West Berkshire; The Knowledge Event and a Volunteer Recruitment Fayre. Networking to help Enrych support people in West Berkshire and Reading.
- A Newbury based company, Sorce Ltd, have chosen to support Enrych Berkshire this year. Fantastic work by this team; they have already started to do some fundraising activities within their workplace. A big thankyou to Matthew Wheeler from Sorce, who offered to develop a new Enrych website. Watch this space!
- Our Board of Trustees have been very busy applying for grants, looking at fundraising opportunities and corporate organisations. I will update you once any fundraising events are set in place.
- It's wonderful hearing about the activities our members and volunteers take part in. With the nicer weather starting to appear, activities may change. For example, Enrych member Brett and his volunteer Prab were introduced during the autumn. After meals out and taking part in pub quizzes they have now booked their first organised Rambling session; where Prab will help guide Brett.
- One Newbury member has been introduced to her new volunteer; they enjoyed their first visit out in March. A lovely walk around a local garden centre and a good natter over coffee. It's lovely to hear of the smiles our visits bring to both member and volunteer.

## Become a member

Enrych is in a position to accept new members. This can be via a health professional or self referrals.

## Tempted to volunteer?

We are always in need of more volunteers. Volunteering is so rewarding and not only for the member.

For more information about becoming a member or flexible volunteering opportunities, please contact Marie.

We will have a date for the next members and volunteers lunch very soon ..... Please look out for my invitation emails.







Contact details marie.garland@enrych.org.uk 0118 929 1675